

KID'S CONNECTION



Fall 2014

It is almost the end of the year, a fact starkly apparent in the minds of many college-bound seniors. I'm with you. You've got essays to write, applications to fill out, and scholarships to search for. Not to mention your normal school work. All in all, it can be very overwhelming, especially for the chronically ill senior. I have some tips to help you through your last year of high school and into your college career.

- *Plan everything out* and avoid the stress of last minute deadlines. Get a calendar, write everything down (tests, homework, college deadlines, activities), and stick to it! Make sure to count in 'sick days' when you might not be up for work.
- *Contact the college's disability services department.* Every school has one, and it will be important to hear from them exactly which accommodations they will be willing to give you. College is different than high school; they are not required to give you certain accommodations.
- *Talk about your struggles,* and more specifically how you overcame them, when it seems appropriate in application essays. Your story is unique, share it! Make sure you are positive and realistic about your situation.
- *Visit campuses,* but it may be easier to do this on your own depending on how well you tolerate activity. Official tours can be long and taxing, so it may be helpful to determine what help you might need in getting through one before arriving on campus. Be sure to speak with the admissions office if you will need assistance on your tour.
- *Ask about credits* and how many are required to maintain scholarships. Make sure to keep in mind that you will have times when you are sicker and may not be able to take a full load the first semester when scheduling classes.
- *Most importantly, find support!* We all need support to get through the tough times, including those in college.

I'd like to hear what you think about college! Email me at kidsclub2@asap.org!

Kaylee

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We need your help to figure out what this says! I'll give you a clue: It is a special slogan for ASAP! Use the secret code below to figure out where the letters go! Once you have used your amazing powers to solve this puzzle, you can shout it out! We will give you a free letter to start- GOOD LUCK☺ -Dan

1 = A	# = F	6 = K	* = P	+ = U	" = Z
! = B	4 = G	^ = L	9 = Q	< = V	
2 = C	\$ = H	7 = M	(= R	> = W	
@ = D	5 = I	& = N	0 = S	? = X	
3 = E	% = J	8 = O) = T	[= Y	