

KID'S CONNECTION



Exciting News - ASAP's 2015 Kids' Program at their annual conference was a blast!

The kids and teens went **Exploring New Frontiers** with leader Annie Chapman in Ann Arbor, Michigan July 23-24, 2015. 'Exploring new frontiers' means trying things that you haven't tried before and learning about new things. Our Kids' Program participants certainly did this!

The kids who attended our program learned new things, like how to send pain away through meditation, how to enjoy free time through art and music therapy, and how to understand the brain and its parts.

Not only did they learn new things, but they tried new things, too! Kids participated in science experiments, made their own arts and crafts, and even met a falcon! Most importantly, kids who attended ASAP's program had fun.

Throughout the program, children enjoyed meeting one another and making new friends. On the last day, they celebrated with a pizza party. We are so excited that kids and teens in ASAP were able to enjoy such a great experience.

We hope to see you back at ASAP's 2016 Kids' Program!

Contact Us:

Lauri Swihart - kidsclub1@ASAP.org

Kaylee Tutrow - kidsclub2@ASAP.org



American Syringomyelia
& Chiari Alliance Project

September Mania

Now that September has arrived, so has the excitement of school! While it does mean that you may have to get up earlier, it also means that you will have a chance to see all of your friends and get involved in your school. Whether you are in elementary school or transitioning to college, there are many fun things your school can offer you. Take a look at some of our suggestions, but make sure whatever you choose is fun and not too tiring for you.

Back to School Discovery

Find as many words as you can! Hint: There are 14 total.

D S O C G Q F B S L M M E P D
P M C T E A C H E R K V E E R
A L J I L H T A M G M C X N K
K I A U E U M D I N Q P B C W
J O N Y S N I Q C I T L W I A
I C O I G G C L W N R A L L W
H Y A B F R A E R R E T H E O
P N M O E S O K C A P K C A B
U N D W S T G U S E O E H K A
Z Q A R I V O N N L R B I E H
A T O N B J O N T D T X A O C
C O W E Z Y E F T T C U V X V
M L K P A O W O Z L A K O B B
M Y L R O C U W U K R D H M T
G Y C U D I I D A J D M B E H

1. Academic Teams

If you really enjoy learning or are good at a certain class, you can join an academic team. Examples include spell bowl and math bowl.

2. Clubs

Clubs are groups of people that meet together because they are interested in similar things. Join a club you are interested in. Examples include religious clubs, musical clubs, arts clubs, and even clubs related to books and movies. If you can't find a club you like, see if you can start one.

3. Service

Opportunities

One important way you can get involved in your school and in your community is by volunteering to help others. Your school could always use your help!



American Syringomyelia
& Chiari Alliance Project